rests in a physician's ability to observe symptoms of dystonia and obtain a thorough patient history.

In order to correctly diagnose dystonia, doctors must be able to recognize the physical signs and be familiar with the symptoms. In certain instances, tests may be ordered to rule out other conditions or disorders. The kind of specialist who typically has the training to diagnose and treat dystonia is a movement disorder neurologist. Awareness and recognition of dystonia is crucial.

I encourage my colleagues to learn more about dystonia, how it impacts the livelihood of their constituents, and honor the important work the Dystonia Medical Research Foundation, and families like the Nachbars, do to raise awareness and give hope to patients across the country.

HONORING CONNOR FRANTZ FOR HIS WORK WITH VETERANS

#### HON. BRAD R. WENSTRUP

OF OHIO

IN THE HOUSE OF REPRESENTATIVES Friday, September 28, 2018

Mr. WENSTRUP. Mr. Speaker, I rise in recognition of Connor Frantz, a remarkable young man from Cincinnati.

Connor has a heart for serving our veterans. As early as the age of 9, he was thinking up ways to make a difference in the lives of those who served our great nation.

He recently created his own nonprofit, called "Heroes Are Never Alone." Connor's organization partners with the Cincinnati Department of Veterans Affairs to most efficiently connect community support to veterans in need. Connor has helped raise more than \$8,000 so far.

Just this past winter, Heroes Are Never Alone had a tangible impact on Cincinnati's homeless population. Connor's donations were used to purchase winter clothing for veterans on the streets, in shelters, and temporary housing. His donations were also used to purchase hundreds of bus passes that allowed veterans to secure employment, access to housing, and services at food pantries. Connor's organization even donated a storage unit that is now used to store furniture that can be provided to veterans moving into permanent housing.

Mr. Špeaker, we cannot end veteran homelessness on our own from Washington. We all benefit from initiatives by private citizens like Connor, who have a passion for helping veterans transition out of this condition. I hope you'll join me in thanking Connor for his efforts. We look forward to following young Connor Frantz's continued good work.

APPRECIATION FOR THE WORK OF CONGRESSIONAL STAFFER MATT POWELL

# HON. TOM MARINO

OF PENNSYLVANIA

IN THE HOUSE OF REPRESENTATIVES

Friday, September 28, 2018

Mr. MARINO. Mr. Speaker, I rise today to acknowledge and thank a longtime staffer of mine, Matt Powell, who recently left my office to pursue a Master's Degree in Public Health.

Matt is a constituent of the district I represent, Pennsylvania's 10th Congressional District, growing up in Susquehanna County. He attended Forest City High School and earned his Bachelor's Degree from Keystone College in Lackawanna County. Matt is a born and bred Northeastern Pennsylvanian who decided to serve his neighbors and his area by becoming an intern in one of my district offices. Matt immediately excelled in his role, and once we had an opening in my Washington, D.C. office we brought him on board right away. Matt worked in my Washington, D.C. office for over 5 years where he eventually became my Senior Legislative Assistant handling an array of important policy issues. Matt's passion has always been in healthcare policy, and I am pleased to see he is pursuing higher education in this field. I thank Matt for his dedicated and hard work for the constituents of PA-10, and I wish him the best of luck in any of his future endeavors.

RECOGNIZING THE 2018 BEST OF BRADDOCK AWARD RECIPIENTS

## HON. GERALD E. CONNOLLY

OF VIRGINIA

IN THE HOUSE OF REPRESENTATIVES Friday, September 28, 2018

Mr. CONNOLLY. Mr. Speaker, I rise to recognize the recipients of the annual Best of Braddock Awards. These awards are the result of collaboration between the Braddock District Council and Braddock District Supervisor and are presented to individuals and organizations whose extraordinary efforts make our community a better place.

I have been proud to represent this community since my days as Chairman of the Fairfax County Board of Supervisors. The level of civic engagement celebrated by these awards is a testament to the community spirit of the Braddock District. I have often said that civic engagement is a key indicator of a healthy community and tonight's event proves that Braddock District continues to be one of the healthiest communities in all of Northern Virginia. That is due in no small part to the actions of those honored here this evening. I extend my congratulations to all of tonight's honorees and commend them for their efforts on behalf of others and in making our community one of the best places in the country in which to live, work and raise a family.

It is my honor to include in the RECORD the following recipients of the 2018 Best of Braddock Awards:

Marilynn Sitts—Olde Forge/Surrey Square Civic Association, Hospitality Chairperson

Donna Fricas—Olde Forge/Surrey Square Civic Association, Little Free Library Project Coordinator

Sarah Lennon—Kings Park West Civic Association, Parks and Lake Chairperson, Leader of the Road Raiders Cleanup Team

Cathy DeLoach and Mary Hovland—Long and Foster Mary and Cathy Team, Kings Park West Tour of Homes Coordinators

Judy Nitsche—Friends of Kings Park Library, Book Sale Chair

Evan Braff and Paul Woods—Fairfax County Neighborhood and Community Services, Neighborhood College Coordinators

Mr. Speaker, I ask my colleagues to join me in congratulating the 2018 Best of Braddock

honorees for their tremendous contributions to Fairfax County and Northern Virginia. I thank them for their service to our community and wish them great success in all their future endeavors.

CELEBRATING THE YEAR OF THE BIRD

### HON, JOHN J. FASO

OF NEW YORK

IN THE HOUSE OF REPRESENTATIVES Friday, September 28, 2018

Mr. FASO. Mr. Speaker, I rise today to recognize and celebrate the Year of the Bird, recognizing the tremendous value of our country's migratory birds to my constituents and all Americans and our natural world, and one hundred years of migratory bird conservation.

Within my own district in Upstate New York, birds contribute to the rich and beautiful scenery of the region, including globally recognized Important Bird Areas like the Catskills and the Upper Delaware River Basin, home to iconic species such as the Bald Eagle and Osprey. Areas like the Delaware River Basin not only provide a home for wildlife, they also serve as crucial economic drivers. The Basin contributes \$21 billion annually in ecosystems goods and services and provides water for millions of people in the region.

Greater than one-third of North American bird species continue to be in need of conservation action. That means that our action is key to their survival, through supporting the Land and Water Conservation Fund and Delaware River Basin Restoration Program, programs that conserve public lands which are important to both birds and people.

The best way we can honor the past century of successfully conserving our birds and their habitat is to continue to do so. We owe our children and grandchildren the joy of experiencing the rich bird life in this great country.

Mr. Speaker, I ask you and my colleagues to join me in celebrating this monumental year marking a century of protecting birds. My hope is that we continue to advance sound policies and proper funding on behalf of the nation's migratory birds and all Americans, so that our proud conservation legacy will live on.

RECOGNIZING THE 25TH ANNIVER-SARY OF ST. MARY'S ETHIOPIAN ORTHODOX TEWAHEDO CHURCH

### HON. MIKE COFFMAN

OF COLORADO

IN THE HOUSE OF REPRESENTATIVES Friday, September 28, 2018

Mr. COFFMAN. Mr. Speaker, I rise today to recognize the 25th anniversary of St. Mary's Ethiopian Orthodox Tewahedo Church located in my home town of Aurora, Colorado. This landmark anniversary is a significant milestone as St. Mary's is not only an important religious institution, it is an important part of our community.

I am proud to represent the largest Ethiopian community in the State of Colorado in the United States House of Representatives. These Ethiopian immigrants are welcome and valued members of our community. They have opened small businesses, become homeowners, and become vital members of our